



2018 Committee Report – Race Walk

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Since our last report published in the Program for the 2017 Annual Meeting held in September, 2017, the USATF-GA Race Walk Committee continued to attain and exceed the Committee's goals and objectives. I am appreciative of such a well-rounded and hard working group of people that comprise our committee, as well as our many recognized human resources. Their show of confidence, volunteerism, and willingness to take on any challenge proposed is awe-inspiring. Special thanks are also extended to the USATF-GA Board of Directors and Executive Committee for their support of all of our enterprises. The time, talents, and support that the Race Walk Committee, athletes, coaches, officials, and the overall Race Walk Community have demonstrated through their commitment to the USATF-GA's Race Walk vision and mission are second to none. It is also of great importance that I express my appreciation to those at the National Office who have assisted me with the new endeavors from Sanctions to Communications to the Race Walk Committee. You inspire me!

Race Walk Executive Committee Members

- Chairperson: Jean Williams (Assumed the position on July 13, 2016; re-elected in September, 2017)
- Vice Chairman: Kellie Crawford (Appointed on July 16, 2016; re-elected in September, 2017)
- Secretary: Peggy Curtis (Appointed September, 2017)

Race Walk Committee Members

- Alan Moore (Masters Athlete)
- Jacquelyn Anthony (Official)
- Joel Dubow (Masters Athlete)
- Jordan Crawford (Junior/Open Athlete, Race Walk Coach, Official)
- Katie Haffner (Youth Athlete)
- Larry Woods (Masters Athlete)
- Michelle Haffner (Parent of Race Walker, Official, Race Walk Coach)
- Robert Fowler (Masters Athlete)
- Trenice Dubow (Masters Athlete)
- Janelle Branch (Former Collegiate All-American, Soon to be Official)

Committee Resources

- Jacqui Collins (USATF-GA Youth Committee, USATF Youth Committee, USATF Diversity Sub-Committee, Official)
- Diane Graham-Henry (USATF National Race Walk Committee-Vice Chair, USATF Judges Sub-committee, Official)
- Jordan Crawford (USATF Junior/Open Athlete, Team USA Juniors-USA vs Canada Junior Race Walk Match, Official)
- Susan Heiser Whatley (USATF-SC Race Walk Chair, Race Walk Official, Race Walk Coach, USATF 2017 USA-CAN Coach, 2017 USA-CAN Junior Race Walk Match Committee, Race Walk Clinician)

- Tina Klein (USATF-GA Masters Chair, USATF-GA Grand Prix Coordinator)
- Don Lawrence (Former USA-CAN Host, 2017 USA-CAN Team USA Coach, National USATF Office)
- Gwen Loud-Johnson (USATF-GA Track & Field Chair)
- John Nunn (USATF National Race Walk Committee Chair, World Class Race Walker/Team USA)
- Phillip Ozell (USATF-GA Certification Chair, Official, USA-CAN Red Card Cyclist)
- Vince Peters (Miami Valley Race Walk Coach, USATF Past National Race Walk Chairman)
- Michael J. Roth (USATF-NC), Creator of www.hsrw.net, Race Walk Athlete, Race Walk Coach, USATF's Athletics for the Disable Committee Chair, USATF Judges Subcommittee, USATF, Senior/Intermediate Development Subcommittee Coordinator, , Coordinator of USATF Race Walk Grand Prix, 2017 USA-CAN Race Walk Match Committee)
- Cindy Slayton (Official & USATF-GA Officials Chair),
- Stafford Whalen (USA-Canada Team Canada Contact & 2017 Team Manager)
- Ian Whatley (USATF Director of USATF Racewalk Coaching Development, World Class Race Walker, Team USA Member, 5-Time Olympian Trial participant, USATF Certified Race Walk Official & Coach, Author, Researcher, Race Walk Clinician)

It has been a busy year for the USATF-GA Race Walk Committee. We supplied race walk judges for most invitational meets in the metropolitan area, as well as for AAU and USATF J.O. series in Georgia. We also provided Officials for meets in South Carolina, Region 6 (TN) and AAU National Junior Olympics (IA). Our Committee organized race walk clinics at various developmental meets, club practices, and conducted pre-race clinics. Among our initiatives and endeavors since the 16 September 2017 USATF-GA Annual Meeting are the following highlights:

September 2017 – August 2018

- September 16, 2017 – Annual Meeting
- October 2017 - Co-hosted the 2017 SE/SC-GA-NC One-Hour Championship at Furman University.
- October 2017 - We participated in the Dia de Muertos/Day of the Dead celebration at the Atlanta History Center constructing an altar in honor of two Mexican Olympian race walkers and their coach. Collaborating with the Masters Committee we also honored a marathon Olympic distance runner and an Olympic Sprinter.
- December 2017 - We reported on the USA vs Canada Junior Race Walk Match and International Race Walk Invitational Challenge at the USATF Annual Meeting in Columbus, Ohio.
- December 2017 – Presented a Race Walk Diversity Report at the Diversity Sub-Committee Meeting at the 2017 USATF Annual Meeting in Columbus, Ohio
- February 2018 – The Race Walk was added to the Dunamis Indoor Super Meet
- March & April 2018– Presented race walk clinics at CCYTL Developmental Meets, at club practice sites, and before races at Invitational Meets.
- May 2018 – Youth and Master race walkers participated in the Georgia Meet of Champions
- May-July 2019 – Made arrangements for race walk clinics to be provided at club practice sites, before races at Invitational Meets and at the Junior Olympic series.
- June 2018 - Jordan Crawford made the National USA Junior Team for the USA vs Canada Junior Race Walk Match held in Toronto, Canada from August 8-10.
- June 2018 – Co-hosted the 2018 USATF Georgia Association Open/Masters Track & Field/LDR/Race Walk Championship. The 3000m, 5000m and 10,000m Race Walks Championship were held in conjunction with the Association Open/Masters events held at Barron Stadium, Rome, GA
- June 2018 – Athletes participated in the USATF Georgia Association Junior Olympic Outdoor T&F Championship Race Walks Series 1500m and 3000m in Carrollton, GA

- July 2018 – Athletes participated in the USATF Region IV (Rome, GA) and National Junior Olympics (Greensboro, NC).
- June & July 2018 -AAU Georgia District Junior Olympic Outdoor T&F Championship Race Walks Series 1500m and 3000m in Powder Springs, GA and Augusta, GA
- Ian Whatley, Jean Williams, and several race walk athletes (demonstrated Race Walk at several pre-meet clinics at several T&F events throughout the year at various locations
- A race walking video clinic featuring Jordan Crawford was produced by AAU.
 - The Committee established a recruitment drive to bring in more clubs to Georgia Association by giving clinics at AAU, USATF-GA, Developmental Meets, and Invitational Meets.
- Increased the number of officials interested in judging the race walk
- Our chair (and in Jean's absence, Vice Chair), represented the Committee at Board Meetings
- A race walk component was added to the Open/Masters/Grandmasters GrandPrix.
- Members of the committee coordinated Race Walk Training groups around Metro Atlanta to train for major events.
- 3 Clinics were held in which Officials were invited to participate. 5 new race walk officials were recruited.
- Collaboration efforts between the race walk committee, the Officials, Track & Field, LDR, Masters, and youth were enhanced.
- A community outreach component was continued into the initiatives of the race walk committee.
- Approximately 25 race walk clinics/training sessions were held for athletes and coaches.
- The USATF-GA Facebook page was consistently updated.
- Results for all known meets in which Georgians participated have been consistently updated at <http://georgia.usatf.org/Committees/Race-Walk/Results.aspx>.

2017-2018 Accomplishments (Partial List):

- A Georgia junior race walker was chosen for Junior Team USA.
- A Georgian race walker signed a letter of intent to race walk, steeplechase and run Cross Country at Missouri Baptist University and is now at the University preparing for cross country season. E is the second race walker in Georgia (both from Douglasville) and in southeast to attend a university on a race walk scholarship.
- Georgia rendered four National Champion Youth Race Walkers at the USATF Junior Olympics.
- Two Georgia race walkers placed first at the AAU Junior Olympics.
- Georgia is honored to have an athlete who placed first at the USATF Junior Olympics and 1st at the AAU Junior Olympics.
- Georgia rendered one athlete who placed first at the AAU Club Nationals.
- Our Master athletes placed in the Masters Indoor and Outdoor Championships.
- Between the masters and youth athletes, Georgia rendered many All American titles
- The race walk committee has been added new ad hoc committee members and human resources.
- Race Walk training programs produced Georgians that won Gold, Silver, and Bronze medalists in Junior Olympics and in National Masters 3000m, 5000m and 10,000m Race Walk Championships.
- Mike Judge) included the race walk in the High School Meet of Champion.
- Matthew Chestnut, webmaster, maintained and enhanced the Race Walk Web page.
- The number of youth race walk athletes increased.
- The number of Officials certified to judge the race walk increased.
- Two Brenau University students competed in the race walk at the Caminata Invitational (SC) and at their Conference. This participation is the first time since 2011 that a Georgia University (Shorter University) had race walkers as part of their track and field program.

- HSRW.net is a website all about giving recognition to the top HS Race Walkers in the US. For 2018 Jordan Crawford is the only race walker in Georgia to be nationally ranked; stats are below:

Venue	Event	2017 National Ranking	2018 National Ranking	2017 Time	2018 Time
Indoor	1500m	3 rd	1 st	7:20.81	6:50.04
Outdoor	Mile	6 th	1 st	7:11.42	7:10.20
Outdoor	3000m	4 th	1 st	14:54.25	14:16.63
Outdoor	5000m	5 th	3 rd	26:48.18	25:24.93
Outdoor	10000m	5 th	3 rd	53:01.38	52:36.00

- Several Georgia race walkers, youth and masters, achieved All-American status in National competitions since our Annual Meeting. The list as currently known is below.

1500m Race Walk						
National Championship	Division	Place	Athlete	Team	Location	Time
Hershey USATF Junior Olympics	M 9-10	4 th	Drew Lewis	Legacy Athletics	Douglasville	9:47.16
AAU Club Nationals	F 11	1 st	Abigail Quinn	Unattached	Sharpsburg	8:11.22*
AAU Junior Olympics	F 11	1 st	Abigail Quinn	Unattached	Sharpsburg	7:58.98
Hershey USATF Junior Olympics	F 11-12	5 th	Abigail Quinn	Unattached	Sharpsburg	8:11.89
Hershey USATF Junior Olympics	F 11-12	7 th	Katalin Haffner	Blue Lightning	Conyers	8:23.13
AAU Junior Olympics	F 12	3 rd	Katalin Haffner	Blue Lightning	Conyers	8:41.11
AAU Junior Olympics	M 11	5 th	Christopher Ford, Jr.	N. Dekalb Blazers	Brookhaven	9:59.87
Hersheys USATF Junior Olympics	M 11-12	4 th	Chase Curtis	Legacy Athletics	Douglasville	10:03.15
Dunamis Super Meet	F Open	5 th	Makayla Edwards	Atlanta Zoom		11:06.31
Dunamis Super Meet	M Open	1 st	Jordan Crawford	Legacy Athletics		6:50.04
Dunamis Super Meet	M Open	4 th	Joshua Sleight	Legacy Athletics		9:32.41
Dunamis Super Meet	M Open	5 th	Chase Curtis	Legacy Athletics		9:50.00
National Masters Indoor Championships	M 70-74	4 th	Alan Moore	Atlanta Track Club		9:49.61
National Masters Indoor Championships	M 75-79	1 st	Gerald Miller	Atlanta Track Club		9:34.42
National Masters Indoor Championships	M 85-89	1 st	Charles Williams	Atlanta Track Club		13:26.39
Dunamis Super Meet	F Masters	1 st	Trenice Mullis Dubow	Atlanta Track Club		10:45.15
Dunamis Super Meet	F Masters	3 rd	Dianna Hinton	Atlanta Track Club		12:54.76
Dunamis Super Meet	M Masters	2 nd	Alan Moore	Atlanta Track Club		9:51.02
Dunamis Super Meet	M Masters	3 rd	Robert Fowler	Atlanta Track Club		9:52.05
Dunamis Super Meet	M Masters	4 th	Lynn Robinsso	Unattached		9:52.39
Dunamis Super Meet	M Masters	5 th	Joel Dubow	Atlanta Track Club	Tucker	10:03.12
Dunamis Super Meet	M Masters	6 th	Larry Woods	Atlanta Track Club		12:15.49

3000m Race Walk

National Championship	Division	Place	Athlete	Team	Location	Time
Hershey USATF Junior Olympics	M 13-14	8 th	Joshua Sleight	Legacy Athletics	Douglasville	18:57.78
Hersheys USATF Junior Olympics	F 15-16	7 th	Wallis Adair	Legacy Athletics	Douglasville	18:58.35
Hersheys USATF Junior Olympics	M 15-16	4 th	Nathaniel Grimes	Legacy Athletics	Douglasville	17:12.10
Hersheys USATF Junior Olympics	M 17-18	1 st	Jordan Crawford	Legacy Athletics	Douglasville	14:16.63
AAU Junior Olympics	M 17-18	1 st	Jordan Crawford	Legacy Athletics	Douglasville	14:31.87
New Balance Outdoors Nat'l	M 17-18	2 nd	Jordan Crawford	Legacy Athletics	Douglasville	14:27.05
National Masters Indoor Championships	M 85-89	3 rd	Alan Moore	Atlanta Track Club		19:39.85
National Masters Indoor Championships	M 75-79	1 st	Gerald Miller	Atlanta Track Club		20:46.66

5000m Race Walk

National Championship	Division	Place	Athlete	Team	Location	Time
USATF National Masters Track & Field Championships	F 60-64	2 nd	Trenice Mullis-Dubow	Atlanta Track Club	Tucker	37:10.14
USATF 5K Race Walk Championship	F 60-64	1 st	Amy Tonsits	Atlanta Track Club		37:07.00
National Senior Games	M80	2 nd	Richard Davis	Atlanta Track Club		40:48.93
National Senior Games	M64	4 th	Trenice Mullis-Dubow	Atlanta Track Club	Tucker	37:19.82
USATF National Masters Track & Field Championships	M 70-74	2 nd	Robert Fowler	Atlanta Track Club		35:11.52
USATF National Masters Track & Field Championships	M 75-79	1 st	Joel Dubow	Atlanta Track Club	Tucker	35:09.41
National Senior Games	M 72	5 th	Alan Moore	Atlanta Track Club		36:18.40
National Senior Games	M 69	5 th	Robert Fowler	Atlanta Track Club		35:23.59

10000m Race Walk

National/International Championship	Division	Place	Athlete	Team	Location	Time
USATF Junior National Outdoors	Junior (U20)	6 th	Jordan Crawford	Legacy Athletics	Douglasville	55:51.39
USA vs Canada Jr. RW Match	Junior (U20)	6 th Overall 1 st USA	Jordan Crawford	Legacy Athletics	Douglasville	52:36.00
USATF National Masters Track & Field Championships	M 70-74	3 rd	Robert Fowler	Atlanta Track Club		1:11:12.62
USATF National Masters Track & Field Championships	M 75-79	1 st	Joel Dubow	Atlanta Track Club	Tucker	1:16:53.41

- Jordan Crawford, Youth/Junior Race Walker, of E-1 Track Club was honored at the AAU Junior Olympic Games with one of the prestigious interviews.
- Jordan Crawford, Youth/Junior Race Walker, of E-1 Track Club was honored at the AAU Junior Olympic Games with the opportunity to conduct race walk clinics. A “how-to” race walk video is accessible at
- In order to promote and showcase the Race Walk, youth and Masters race walk athletes participated in the USATF Georgia Meet of Champions,

- In order to promote and showcase the Race Walk, youth and Masters race walk athletes participated in the Dunamis Super Meet.
- Eight master athletes competed in several events, including but not limited to the USATF-GA Open/Masters Track & Field/LDR/Race Walk Championship, the Masters Indoor Championships, the Masters Outdoor Championships, the USATF 5K Race Walk Championships, Georgia Games, Invitational Meets, and the National Senior Games.
- During spring 2017, Race Walk events were included in several youth invitational meets. For 2018, the race walk was added to the Cobb County Youth Track League, Georgia’s largest youth developmental league. Although the title indicates it is a county league, it is a league open to clubs throughout Georgia.
- Several athletes competed in indoor race walk events in meets in Birmingham, Alabama.
- One high school athlete competed in the New Balance Indoor Championship (placed 1st, but later DQ’d) and the New Balance Outdoor Championship, placing 2nd; the USATF Junior Outdoor Nationals in Indiana, placing third and earning spot on Team USA Juniors.
- Jordan Crawford signed a letter of Intent to race walk at Missouri Baptist University. He will also run cross country, compete in Steeplechase and fulfill any additional team performance needs. Jordan is second Douglas County race walker to attend school on a race walk scholarship; He is also 2nd from Georgia and 2nd from Southeast.
- The list of records of Georgia High School race walkers was updated with records going through the 2018 USA-Canada Junior Race Walk Match. According to hsrw.net, the following Georgia high school race walkers currently hold the state records:

Venue	GA HS Record Holder	Event	Time	Year
Indoor	Zykeria Franklin	1500m	11:22.02	2016
Indoor	Jordan Crawford	1500m	6:50.04	2018
Indoor	Jordan Crawford	Mile	7:21.86	2017
Indoor	Kristi Foster	Mile	9:11.15	1996
Indoor	Lavoy Golden	3000m	19:06.73	2005
Outdoor	Trey Williams	1500m	8:17.05	2011
Outdoor	Valyncia Baxter	1500m	11:00.80	2017
Outdoor	Jordan Crawford	Mile	7:09.63	2018
Outdoor	Camryn Curtis	Mile	9:45.97	2016
Outdoor	Jordan Crawford	3000m	14:16.63	2018
Outdoor	Sabria Wooten	3000m	16:33.76	2013
Outdoor	Shaun Foster	5000m	24:45.50	1995
Outdoor	Critter Dawsey	5000m	31:03.00	2011
Outdoor	Shaun Foster	10000m	51:34.10	1995

Two Georgia Race Walkers who were selected as 2017 USATF Race Walk Committee Honor Roll honorees:

- Abigail Quinn (Unattached)
- Joshua Sleight (AMP Elite)

USATF Youth Race Walk Honor Roll race results are compiled after the Junior Olympics in late July and the US vs Canada Challenge in August.

- For the 9-14 year old boys and girls the results of the Youth Indoor, Youth Outdoor and the Junior Olympics provide the top 4-5 athletes in the 1500 and 3000 meter events.
- For the 14-19. (Junior) males and females the results are compiled from the Youth Indoor, Youth Outdoor, Junior Olympics, Team Trials, Junior Nationals, International team events, and the USA vs Canada Match; distances from 3,000m to 10k. The top 4-5 athletes are culled for voting.

- The lists are voted on by an impartial group of people in the race walk community. They are not the coaches of the athletes on the lists, nor is the person who compiles the lists. The voters select the top three in each age group. Top votes are ranked and the list is completed in early October.
- The final results are announced at the USATF Annual Meetings. Each athlete receives a Nike string bag and a certificate. The bag has the Honor Roll printed on the back.

Commendations

- It is important to recognize Brenau University on including the race walk as part of their track and field program. Two race walkers participated in two meets, the Caminata Invitational (SC) and their Conference Championship. It is the first time since 2011 that a Georgia university included the race walk as part of its track and field program.
- Youth, open, and master race walk athletes from the following clubs participated in race walk competitions September 2017 to August 2018.
 1. Atlanta Track Club
 2. Atlanta Zoom
 3. Augusta Flyers
 4. Blue Lightning Track Club
 5. Blue Speed TC
 6. Brenau University
 7. Coastal Georgia
 8. Date Eagles
 9. Dynamic Speed
 10. Hope Hill Elite
 11. Legacy Athletics
 12. Middle Georgia Impalas
 13. North Dekalb Blazers
 14. Panther Track Club
 15. Pebblebrook
 16. Sandy Springs Striders
 17. Smyrna Elite
 18. Titans Track
 19. Tri-City Youth
 20. Union City Eagles
 21. West Georgia Jets

Next Steps – 2018-2019 Goals:

Our goals for 2018-2019 are an extension of the 2017- 2018 goals which we are proud to say we achieved, and in many cases exceeded. We are looking forward to the opportunity to continue to serving our USATF Georgia Association and its Race Walk athletes, coaches and officials. Our mission is to provide vision, leadership, best practices, and activities that not only showcase the sport, but that also results in strong relationships, leadership enhancements, partnerships and activities enhance the knowledge and skill base of race walking. Below are the objectives with notes (in red) as it pertains to how we met them in 2017.

Detailed Objectives:

- Involve Collegiate Race Walkers in our mailings in order to provide additional race walking

- opportunities for the athlete.
- Enhance mentors program by providing opportunities for athletes to:
 - Be aware and prepare for elite competitions
 - Become aware of collegiate race walking opportunities and potential scholarships.
 - Continue communication with collegiate coaches to promote our Georgia athletes.
 - Recruit and train Race Walk coaches in Association Clubs and to support new coaches in the development of new youth clubs for Race Walking.
 - In 2017-2018
 - We offered pre-race clinics at over 95% of all Invitational Meets
 - Georgia offered five Race Walk Clinics
 - Two were pre-meet presented to coaches and parents
 - Two were Official's Race Walk Clinic (GA and Region 6)
 - Ian Whatley presented two pre meet/pre-race clinics at Region 4 Championships.
 - Provide NARI (North American Race Walk Institute) race walk technique brochures to athletes, coaches and parents.
 - Provided access to instructional race walk videos via Facebook.
 - In 2018-2019
 - Our plan is to increase the number of clinic/workshop opportunities offered to coaches.
 - Our plan is to request the opportunity to present a workshop/clinic/session at:
 - Georgia T&F/Cross Country Association Coaches Clinic
 - The Georgia Meet of Champions
 - Conferences that are geared to physical education teachers
 - Park & Recreation walking clubs
 - Partner with elementary physical education programs
 - Provide services, education, and activities that increase athlete participation, knowledge, and skills.
 - See #1
 - Conduct more Clinics/Workshops/Camps
 - Develop a budget that enhances race walking activities
 - Enhance athlete participation, knowledge, and skills.
 - Enhance race walk appreciation and recognition programs
 - Implement Race Walking Walks and/or Lunch-n-Learn sessions
 - Increase Race Walking knowledge base and participation
 - Integrate more USATF Sanctioned road races with Race Walking events.
 - Integrate the race walk in other races and walks
 - Push to get more clubs to include race walks in their events.
 - Recruit and train new Race Walk Judges.
 - Resume publication of our Race walk newsletter
 - Review and revise, as necessary, the USATF Race Walk Committee Operational Procedures
 - Revise the Operational Procedures
 - Use social media to enhance and celebrate the race walk
 - Continue collaborating with other AAU & USATF clubs to organize and promote a National Race Walk Championship.

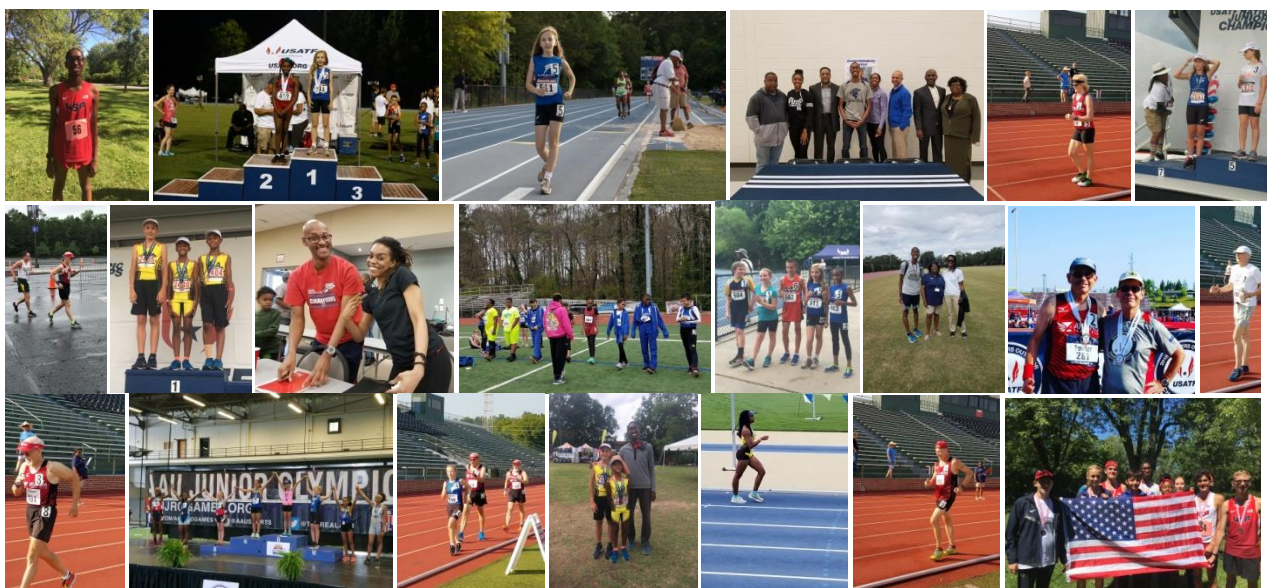
Upcoming Race Walk Opportunities (Partial List)

- August 25, 2018 USATF-Georgia Association Annual Meeting/Race Walk Committee Annual Meeting, Piedmont Church, Kennesaw, GA
- September 26-28, 2018 Georgia Golden Olympics (1500m, 3000m), Warner Robins, GA
- September 30, 2018 USATF Open & Masters 40K Race Walk Championships, Owego, NY
- October 7 or 14, 2018 USATF SE/GA Association Championships, Location TBA
- October 20, 2018 Athletes helping Athletes 5K Run/Walk, Race Walk, Kennesaw, GA
- October 21, 2018 USATF Open/Masters 10K, 20K, 30K, 50K Race Walk, Hauppauge, NY
- October 28, 2018 Open/Masters National, Southeast, SC-GA-NC Associations 1-hour Race Walk, Furman University, Greenville, SC

- November 3 or 4, 2018 Dia de Muertos/Day of Dead Walk/Run/RaceWalk (*Tentative Date*)
- December 1, 2018 Emerging Elite Athlete winter Indoor-Outdoor Invite, Choccolocco Park Sports Complex, Oxford, Alabama (Register at coacho.com)

- December 29, 2018 USATF Indoor 5,0m Race Walk Championships, Rochester NY
- December, 2018/January 2019 USATF-GA Indoor RW Invitational, Gainesville, GA (*Tentative*)
- February 22-24, 2019 USATF Indoor Championships, Indianapolis, IN
- March 1-19, 2019 USATF Masters Indoor Track & Field Championships, Winston-Salem, NC

- June 16-20, 2019 National Senior Games, Albuquerque, NM
- June 25-30, 2019 USATF Youth Outdoor National Championship, Durham, N



Respectfully Submitted,
 Jean Carolyn Williams
 USATF-GA Race Walk Chair