



Please allow me the opportunity to thank Charles Muhammad and the Youth Committee for allow time on the Winter Youth Workshop agenda to introduce/update you as to Race Walking in Georgia. I apologize that I am not able to be with you today, but am thankful that my diverse committee is very active and abreast of the majority of the happenings within the Committee as it relates not only to the Association, but also to District, Regional, National and International happenings. What they don't know, they will ask. In saying this, Please see below agenda item #1 for today's presenters.

1. Introductions of 2018 USATF-GA Winter Youth Workshop Race Walk Presenters

a. Michelle Haffner

- i. USATF-GA Race Walk Committee Member
- ii. USATF Certified Level 1 Coach and Race Walk Coach for Blue Lightning Track Club
- iii. USATF Official/Race Walk Official

b. Katie Haffner

- i. All American USATF/AAU Youth Race Walker
- ii. USATF-GA Race Walk Committee's Youth Representative
- iii. Youth Race Walk Mentor

2. Other Committee Members

- i. Alan Moore (Atlanta Track Club, Masters Race Walker)
- ii. Arlena Epps (USATF-GA Secretary, USATF-GA Committee ad hoc Sponsorship/Marketing Committee)
- iii. Joel Dubow (Atlanta Track Club, Masters Race Walker), 2014 USATF National Race Walk Age Group Athlete of the Year
- iv. Janelle Branch (All American Race Walk at Cornerstone University all four years, 2012 NAIA Dr. LeRoy Walker Champions of Character Award recipient, USATF-GA race walk mentor, Soon to be race walk official)
- v. Jordan Crawford (Junior & Collegiate Race Walker-Missouri Baptist University, Race Walk Official, 3-Time USATF National Race Walk Committee Honor Roll Recipient, State Race Walk Record Holder in multiple events, Only HS Georgia Ranked Race Walker for 2019)
  1. HSRW.net is a website recognizing the top HS Race Walkers in the US.
  2. For 2018 Jordan Crawford is the only race walker in Georgia to be nationally ranked
  3. See 2018 USATF-GA Annual Report:  
[http://georgia.usatf.org/USATF\\_ASSOC\\_45/files/b1/b1a7af31-65ae-4913-83af-738bc71d5a71.pdf](http://georgia.usatf.org/USATF_ASSOC_45/files/b1/b1a7af31-65ae-4913-83af-738bc71d5a71.pdf)
- vi. Katalin "Katie" Haffner (See Introduction of Presenters in item #1 for notes about Katie).
- vii. Kellie Crawford (Athlete, USATF GA Race Walk Committee Vice-Chair, Former USATF-GA Budget & Finance Committee, Former USATF-GA Treasurer)
- viii. K.J. McRae (Open Race Walker, Soon to be Official)
- ix. Larry Wood (Atlanta Track Club Liaison, Masters Race Walker)
- x. Michelle Haffner ((See Intro of Presenters in item #1 for notes about Michelle).)
- xi. Peggy Curtis (USATF-GA Race Walk Secretary, USATF Race Walk Official & Parent of two Legacy Athletics Race Walkers)
- xii. Robert Fowler (Atlanta Track Club, Masters Race Walker, Race Walk Mentor)

- xiii. Susie Sleight (Legacy Athletics Parent of a Race Walker and soon to be Official)
  - xiv. Trenice Mullis-Dubow (Atlanta Track Club, Masters Race Walker)
  - xv. Trey Williams (Open Race Walker & Clinician)
  - xvi. Michelle Haffner (see item #1 for more stats regarding Michelle)
3. Goals & Mission (see handout)
  4. Youth Update
  5. Rules (Michelle Haffner)
    - a. Paddles
    - b. Cards
    - c. \*\*New Rule – At National championships, the chief race walk judge may issue the red paddle at the last 100m to DQ an athlete, even if the judge had issued a red card as a judge during the race. Details to come.
    - d. Pit lane
    - e. Great Video: <http://www.usatf.org/Sports/Race-Walking/Youth-Race-Walking-and-Judging-Instructional-Video.aspx>
    - f. Officiating the Race Walk:  
<http://www.hsrw.net/about/Officiating%20the%20High%20School%20Race%20Walk.pdf>
  6. Demonstration (Katie Haffner).
  7. Needs:
    - a. Certified Race Walk Officials (Contact Phil Ozell, USATF-GA Certification Chair and/or USATF-GA Race Walk Chair, Jean Williams (404-884-3489)
    - b. Race Walk Volunteers when at Meets where judging is taking place
    - c. Pictures and/or Videos of race walkers.
    - d. Pictures and/videos of coaches training race walkers
    - e. Pictures and Videos of race walkers on the podium (or with medals)
  8. Recognitions:
    - a. More
    - b. Youth Clubs with Race Walkers participants in race walk competitions from September 2017 to December 2018
      - i. Atlanta Zoom
      - ii. Augusta Flyers
      - iii. Blue Lightning Track Club
      - iv. Blue Speed TC
      - v. Coastal Georgia
      - vi. Date Eagles
      - vii. Dynamic Speed
      - viii. Hope Hill Elite
      - ix. Legacy Athletics
      - x. Middle Georgia Impalas
      - xi. North Dekalb Blazers
      - xii. Panther Track Club
      - xiii. Pebblebrook
      - xiv. Sandy Springs Striders
      - xv. Smyrna Elite
      - xvi. Titans Track
      - xvii. Tri-City Youth
      - xviii. Union City Eagles
      - xix. West Georgia Jets

- a. USATF-GA Race Walk Committee's 2017-2018 Youth & Junior Awards (Most have already been presented)
  - xx. Abigail Quinn (Unattached) – 2018 USATF-GA Race Walk Record Breaker Award, 2017-2018 Distinguished Race Walk Performance Award
  - xxi. Camryn Curtis (E-1 Track Club) - 2017 USATF-GA Junior/Open Race Walk Athlete of the Year
  - xxii. Chase Curtis (Legacy Track Club) - 2018 USATF-GA Youth Race Walk Athlete of the Year
  - xxiii. E-1 Track Club – 2017 USATF-GA Race Walk Club of the Year
  - xxiv. Jordan Crawford (Legacy Athletics) – 2018 High School Race Walk (HSRW.com) State (GA) Records. 2018 USATF-GA Race Walk Official of the Year, 2018 USATF-GA Junior/Open Race Walk Athlete of the Year, 2018 USATF-GA Race Walk Coach/Mentor of the Year; Jordan Crawford (E-1 Track Club) 2017 USATF-GA Junior/Open Race Walk Athlete of the Year
  - xxv. Joshua Sleight (Legacy Athletics) - 2017 USATF-GA Youth Race Walk Athlete of the Year
  - xxvi. Katie Haffner (Blue Lightning Track Club) – 2017 USATF-GA Youth Race Walk Athlete of the Year, 2018 USATF-GA Youth Race Walk Athlete of the Year
  - xxvii. Legacy Track Club – 2018 USATF-GA Race Walk of the Year
  - xxviii. Ronndasia Coleman (E-1 Track Club) - 2017 USATF-GA Junior/Open Race Walk Athlete of the Year
  - xxix. Spivey Green (TriCity Youth Track) – 2018 USATF-GA Race Walk Coach of the Year
  - xxx. Trey Williams – Mentor of the Year
  - xxxi. Vaughn Williams (E-1 Track Club)– 2017 USATF-GA Coach/Mentor of the Year

## 9. Resources

- a. USA Track and Field – Georgia Association: <http://georgia.usatf.org/Committees/Race-Walk.aspx>
  - i. Goals
  - ii. Mission
  - iii. Calendar
  - iv. Results
  - v. Newsletters
  - vi. News
- b. <https://www.facebook.com/USATFGorgiaRaceWalk/>
- c. Contact Jean Williams, USATF-GA Race Walk Chair/USATF National-SE Race Walk Co-Coordinator/AAU Race Walk Committee Member for additional race walk-related information, questions, requests, etc. Corrections, Additions, and updates welcomed.
  - i. 404-884-3489
  - ii. [racewalking@georgia.usatf.org](mailto:racewalking@georgia.usatf.org)
  - iii. [Jeanwilliams@usatfga.org](mailto:Jeanwilliams@usatfga.org)
  - iv. <https://www.facebook.com/USATFGorgiaRaceWalk/>
- d. USA Track and Field - National: <http://www.usatf.org/Sports/Race-Walking.aspx>
- e. Michael Roth's High School Race Walking Site: <http://www.hsrw.net/>
  - i. The world famous HS Race Walking Rankings
  - ii. All-time Lists & State Race Walk Records
  - iii. National Champions history
  - iv. Links to other significant Race Walking information Resources for athletes, coaches & officials including info for athletes wanting to compete in the race walk at the collegiate Level
    - 1. Race Walking in College: <http://www.hsrw.net/about/2016%20Letter%20To%20High%20School%20Athletes%20About%20Race%20Walking%20In%20College.pdf>
    - 2. Officiating HS Race Walking
    - 3. Jeff Salvage Quick Guide to Race Walking:
      - a. <https://racewalk.com/learn/RWCIABVFlyerRGB.pdf>

- b. A copy of the aforementioned flyer is being provided to those interested in a hard copy.
- c. USA Track and Field - Racewalking Calendar: National Championships 2019:  
<http://www.usatf.org/Events---Calendar/National-Championships.aspx?year=2019>
- f. Dave's World Class Racewalking: [www.racewalking.org](http://www.racewalking.org)
  - i. Calendars & Results
  - ii. Additional Resources
  - iii. Tips for purchasing shoes
  - iv. Books
  - v. Training Info
  - vi. Podcasts
- g. Jeff Salvage/Tim Seaman: [www.racewalk.com](http://www.racewalk.com) or [www.racewalkclinic.com](http://www.racewalkclinic.com)
- h. Ian and Susan Whatley: Caminata US Training & Race Walk Development Centre
  - i. <https://www.facebook.com/caminataracewalking/>
  - ii. Will be conducting Clinics in Georgia
  - iii. Hosts Clinics at the Center
  - iv. Race Walking is Fun book:
    - 1. Online: <https://racewalk.com/resources/RacewalkingFunFinal.pdf>
    - 2. Hard Copy with Video for Checkout:
      - a. See Michelle and Katie to check out copies
        - i. Must share pictures and/or videos of the book in use
        - ii. One copy per club
        - iii. Due when no longer used by club
      - b. Videos
  - v. <http://www.usatf.org/Sports/Race-Walking/Youth-Race-Walking-and-Judging-Instructional-Video.aspx>
  - vi. <https://www.youtube.com/playlist?list=PLQ-xBDga3XGrTsCZ64JRVVhIndpiJ8KXD>
  - vii. [https://www.youtube.com/results?search\\_query=ian+whatley+race+walkinghttps://www.facebook.com/pg/caminataracewalking/videos/?ref=page\\_internal](https://www.youtube.com/results?search_query=ian+whatley+race+walkinghttps://www.facebook.com/pg/caminataracewalking/videos/?ref=page_internal)

A copy of this agenda/report will be placed on the USATF-GA website under the race walk tab. Please note that this report/info is only reflective of our work with youth. We also have been blessed with accomplishments of our open and masters race walk athletes, coaches and parents; as well as with other Coaches, Committee Chairs, Officials and Volunteers.

Thank you for helping us, not only cultivate the sport of race walking, but also for helping us to brand the sport. Your support of me, the Committee and our initiatives are greatly appreciated.

Respectfully submitted,

Jean Carolyn Williams.  
 USATF-GA Race Walk Chair  
 USATF – National Southeast Race Walk Co-Coordinator  
 AAU – Race Walk Committee Member