



**2019 USA TRACK & FIELD GEORGIA**  
**USATF ASSOCIATION JUNIOR OLYMPIC CHAMPIONSHIPS**  
**June 20-23, 2019 at Westlake High School, Atlanta, GA**

**THURSDAY, June 20, 2019**

**Schedule of Events**

**COMBINED EVENTS:**

<b>9:00 AM</b>	15-16(B)& 17-18(M) Decathlon-Day 1 100m Dash Long Jump Shot Put (12lb) High Jump 400m Dash
<b>10:00 AM</b>	15-16(G) & 17-18(W) Heptathlon-Day 1 100m Hurdles (33") High Jump Shot Put (4kg) 200m Dash
<b>11:00 AM</b>	9-10 (B/G) Triathlon Shot Put High Jump 200m (G) 400m (B)

Advancement to the finals in the 100,200,400, short hurdles, and long hurdles events shall be in accordance with Rule 303.1(h) in the Competition Rule Book. All starting blocks and relay batons are provided. Do not bring your own.

**Age Divisions Guide:**

7-8G	7-8 Year Old Girls
7-8B	7-8 Year Old Boys
9-10G	9-10 Year Old Girls
9-10B	9-10 Year Old Boys
11-12G	11-12 Year Old Girls
11-12B	11-12 Year Old Boys
13-14G	13-14 Year Old Girls
13-14B	13-14 Year Old Boys
15-16G	15-16 Year Old Girls
15-16B	15-16 Year Old Boys
17-18G	17-18 Year Old Women**
17-18M	17-18 Year Old Men**

Note: \*\*17-18 athletes must still be 18 on July 31<sup>st</sup>, last day of the USATF Junior Olympic Championships.

**\*Events can run up to 30 minutes ahead of schedule\***

**RUNNING EVENTS:**

<b>5:00 PM</b>	<b>800m Run Finals</b> All Age Divisions
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**FRIDAY, June 21, 2019**

**\*Events can run up to 30 minutes ahead of schedule\***

## **Schedule of Events**

### **COMBINED EVENTS:**

**9:00 AM** 15-16B & 17-18M **Decathlon-Day 2**  
110m Hurdles (39")  
Discus (1.6kg)  
Javelin (800 G)  
1500m Run  
NO POLE VAULT

**10:00 AM** 15-16(G) & 17-18(W) **Heptathlon-Day 2**  
Long Jump  
Javelin (600g)  
800m Run

**11:00 AM** 11-12(G) & 11-12(B) **Pentathlon**  
80m Hurdles (30")  
Shot Put (6lb)  
High Jump  
Long Jump  
800m(G)/1500m(B) Run

**12:00 PM** 13-14(G) and 13-14(B) **Pentathlon**  
100m Hurdles (G-30"/B-33")  
Shot Put (G-6lb/B-4kg)  
High Jump  
Long Jump  
800m(G)/1500m(B) Run

### **RACEWALKS:**

**9:30 AM** **1500M Racewalk Finals**  
9-10(G/B), 11-12(G/B)

**10:30 AM** **3000M Racewalk Finals**  
13-14(G/B), 15-16(G/B), 17-18(M/W)

### **RUNNING EVENTS:**

**4:00 PM** **2000m Steeplechase**  
**5:00 PM** **200m Dash Qualifying**  
All Age Divisions

### **FIELD EVENTS:**

#### **JAVELIN**

**2:00 PM** 15-16(G), 17-18(W) (600g)  
**3:30 PM** 15-16(B), 17-18(M) (800g)  
**5:00 PM** 13-14 (G) 13-14(B – 600g);

#### **LONG JUMP:**

**2:30 PM** 7-8(G)– Pit #1, 7-8(B) – Pit #2  
**4:00 PM** 9-10(G)– Pit #1, 9-10(B) – Pit #2

#### **HAMMER THROW**

**Athletes must provide Hammers**

**5:00 PM** **15-16(G), 17-18(W) (4kg)**  
**6:30 PM** **15-16(B), 17-18(M) (12lb)**

#### **Implements for the Throws:**

**Competitors** may bring their personal implements for use in competition. Please have your implements inspected and weighed prior to competition at the appointed time and place. **If implements have not been approved, they will not be accepted in competition.**



## **Schedule of Events:**

### **SATURDAY, June 22, 2019**

#### **RUNNING EVENTS:**

<b>8:00 AM</b>	<b>3000m Run Finals – 11-12(G/B), 13-14 (G/B), 15-16 (G/B), 17-18 (M/W)</b>
<b>9:45 AM</b>	<b>Short Hurdle Qualifying</b> 110m 15-16(B), 17-18(M) 100m 13-14(B), 15-16(G), 17-18(W) 100m 13-14(G) 80m 11-12(G)/11-12(B)
<b>11:00 AM</b>	<b>400m Dash Qualifying All Age Divisions</b>
<b>1:00 PM</b>	<b>100m Dash Qualifying All Age Divisions</b>
<b>3:00 PM</b>	<b>4 x 800M Relay</b> 11-12 (G/B), 13-14 (G/B), 15-16 (G/B), 17-18 (M/W)
<b>4:00 PM</b>	<b>Long Hurdle Qualifying</b> 200m 13-14(G/B) 400m 15-16(G), 17-18(G) 400m 15-16(B), 17-18(M)
<b>5:00 PM</b>	<b>4 x 100M Relay Finals All Divisions</b>

#### **FIELD EVENTS:**

##### **LONG JUMP**

<b>10:00 AM</b>	11-12(G) – Pit #1, 11-12(B) – Pit #2
<b>11:30 AM</b>	13-14(G) – Pit #1, 13-14(B) – Pit #2
<b>1:00 PM</b>	15-16(G) – Pit #1, 15-16(B) – Pit #2
<b>2:30 PM</b>	17-18(W) – Pit #1, 17-18(M) – Pit #2

##### **POLE VAULT- GALLOWAY ATHLETICS COMPLEX**

**2400 Defoors Ferry Road, NW  
Atlanta, Georgia 30318**

<b>10:00 AM</b>	13-14(G)- Pit #2, 15-16(G)- Pit #1
<b>11:30 AM</b>	13-14(B)- Pit #2, 15-16(B)- Pit #1
<b>1:00 PM</b>	17-18(G)- Pit #2, 17-18(B)- Pit #1

#### **FIELD EVENTS:**

##### **HIGH JUMP**

<b>9:00 AM</b>	17-18(M)–Pit #2
<b>9:00 AM</b>	9-10(B)– Pit#1
<b>11:00 AM</b>	15-16(B)–Pit #2
<b>11:00 AM</b>	11-12(B)– Pit #1
<b>1:00 PM</b>	13-14(B)–Pit #2

##### **SHOT PUT:**

<b>8:30 AM</b>	7-8(B) – Ring #1 (6lb)
<b>8:30 AM</b>	17-18(M) – Ring #2 (12lb)
<b>10:30 AM</b>	13-14(B) – Ring #1 (4kg)
<b>10:30 AM</b>	15-16(B) – Ring #2 (12lb)
<b>1:00 PM</b>	<b>9-10(B) – Ring #1 (6lb)</b>
<b>2:00 PM</b>	11-12(B) – Ring #2 (6lb)

##### **DISCUS**

<b>9:00 AM</b>	11-12(G) – (1kg)
<b>10:30 AM</b>	15-16(G) – (1kg)
<b>12:00 PM</b>	13-14(G) – (1kg)
<b>1:30 PM</b>	17-18(W) – (1kg)

##### **MINI JAVELIN**

<b>9:00 AM</b>	11-12(B) (450g)
<b>10:30 AM</b>	11-12(G) (450g)
<b>12:00 PM</b>	9-10(G) (300g)
<b>1:30 PM</b>	9-10(B) (300g)

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## **Schedule of Events:**

**SUNDAY, June 23, 2019**

### **RUNNING EVENTS:**

<b>8:00 AM</b>	<b>1500m Run Finals</b> (All Divisions)
<b>10:00 AM</b>	<b>Short Hurdles Finals</b> (All Divisions)
<b>10:45 AM</b>	<b>100m Dash Finals</b> (All Divisions)
<b>12:00 PM</b>	<b>400 M Dash Finals</b> (All Divisions)
<b>1:45 PM</b>	<b>200m Hurdle Finals</b> (All Divisions)
<b>2:00 PM</b>	<b>400m Hurdle Finals</b> (All Divisions)
<b>2:15 PM</b>	<b>200 m Dash Finals</b> (All Divisions)
<b>3:30 PM</b>	<b>4 x 400M Relay Finals</b> (All Divisions)

### **FIELD EVENTS:**

#### **DISCUS**

<b>9:00 AM</b>	13-14(B) (1kg)
<b>10:30 AM</b>	17-18(M) (1.6kg)
<b>12:00 PM</b>	15-16(B) (1.6kg)
<b>2:00 PM</b>	11-12(B) (1kg)

#### **HIGH JUMP**

<b>9:00 AM</b>	17-18(W) – Pit #2
<b>9:00 AM</b>	9-10(G) – Pit #1
<b>11:00 AM</b>	15-16(G) – Pit#2
<b>11:30 AM</b>	11-12(G) – Pit #1
<b>1:00 PM</b>	13-14(G) – Pit #2

#### **SHOT PUT**

<b>8:30 AM</b>	17-18(W) – Pit #1 (4kg)
<b>8:30 AM</b>	7-8(G) – Pit #2 (6lb)
<b>10:30 AM</b>	9-10(G) – Pit #2 (6lb)
<b>10:30 AM</b>	13-14(G) – Pit #1 (6lb)
<b>12:30 PM</b>	15-16(G) – Pit #1 (4kg)
<b>1:00 PM</b>	11-12(G) – Pit #2 (6lb)

#### **MINI JAVELIN**

<b>9:30 AM</b>	7-8(G) (300g)
<b>11:30 AM</b>	7-8(B) (300g)

#### **TRIPLE JUMP**

<b>9:00 AM</b>	13-14(G) – Pit #1
	13-14(B) – Pit #2
<b>11:00 AM</b>	15-16(G) – Pit #1
	15-16(B) – Pit #2
<b>1:00 PM</b>	17-18(W) – Pit #1
	17-18(M) – Pit #2

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